



Reading

There is only one book that is required reading for students of LifeSeed. That book is the Impersonal Life, by Joseph Benner. I also strongly suggest that students become familiar with A Course in Miracles as well as the “I AM” Discourses, Volume III from the Saint Germain press—at least if they have the inclination. However, we like to support peoples freedom to choose what is best for themselves, as we do understand that Spirit whispers in All Languages.

The Impersonal Life

The Impersonal Life was first published in 1941. The author first published the book anonymously and later on—only after Joseph Benner had passed away—his family published his name. **This is a requested reading for life seed practitioners.** The following is a quote from it:

Therefore, as I begin to awaken in you the realization that I Am within, and more and more cause your human consciousness to become an impersonal channel through which I can express, will I gradually reveal to you the Reality of My Idea, dissipating the illusions of the ages, which have hidden me from you, enabling Me thereby to manifest through you my heavenly Attributes on Earth in all humanly Divine perfection.

The second chapter, *Be Still and Know*, reveals to us a method of realization as follows: We have to enter into the silence, again and again and again and again.

Now, in order that you may learn to know me, so that you are sure that it is I, your own true Self, who speaks these words, you must first learn to BE STILL, to quiet your human mind and body and all there activities, so that you are no longer are conscious of them.

(See meditation and invocations for “entering into the silence.”)

The principal reason that I have recommended this book at the beginning of the work is for the underlying truth revealed. It is a meta map which crystallizes many great ideas for even a casual reader. It also establishes clear guidelines for relationship between myself, and those persons that I help facilitate, as well as for the ongoing clarity of relationships. If you and I can agree that the **TEACHER IS WITHIN**, projection can be reduced. Self-responsibility is absolutely required to be successful in any consciousness work. It unfolds to the degree that we let it, that is, to the degree that we invoke it. When we understand and agree that we have attracted everything into our experience,



then we have *no room for victim consciousness*. We take a chance to mature and grow.

First, discipline is required and we struggle to move forward, to stay on course, to forgive, to be impeccable. We hesitate to take responsibility but soon a larger dimension of our selves and our lives is revealed to us, we engage with more honesty, more humility and more compassion arises in us. You can actually call it in—compassion—and accumulate it. *Imagine that.*

We learn to do this in LifeWeaving which comes later.

We can all look at the world and know what is wrong, but does any one remember what is right any more? Look inside and know what is right, feel. Now act upon it... Engaging in open, honest and spiritually-based relationships often requires that we discuss how things are going to unfold, as each person will bring their own unique expectations and baggage to groups.

And new age groups are for learning forgiveness. The material is easy, the people, the relationships, well that is the story.

Teachers, facilitators of metaphysics often bear the brunt of unfinished business that people have with their parents. Enlightened guidelines that are clearly laid out here (Impersonal Life) for the process of development help to keep expectations to a minimum. If someone is not capable of reading or unwilling for some reason or other, they can weed themselves out right around here somewhere.

We affirm your right to be onboard or overboard—no judgment—and to each his own turn and season. In [A Course in Miracles](#) the teacher tells us that the course is mandatory but the timing is determined by our free will. So far no one on this planet has been exempt from having to deal with the laws of Gravity. Entering into your Multi-dimensional awareness might just bring a whole new appreciation for this law as well as others.

From chapter 11 of [The Impersonal Life](#):

Now, I have purposely not stated clearly all the how and why of all these things for I have reserved for you—WHEN YOU CALL ON ME SO TO DO—and are capable of receiving it, an inspiration FROM WITHIN with a far more comprehensive vision of the un-foldment and development of MY DIVINE IDEA and it's final perfected expression, than is herein pictured.

We are here and now placing the call to be as we are, functioning without issues, without limited beliefs, without prejudice, in present time for the single purpose of unfolding the truth of who we are and our purpose as beings of life.

Unique learning environments are being set up so that each participant becomes more and more confident in their contact with spirit and in their ability to trust the resources within themselves. This is a Key and The Key and the Foundation of this process. To Open, to contact and to trust our energy flow is paramount.



Ida Rolf the founder of Rolfing and structural integration said this “People are not stuff that abides but patterns that perpetuate themselves.” **Stop!** When the lines of communication from the outer self and *the inner self* begin to clear and connect the wonder of life returns. Old habits of perception begin to die off as you see yourself in a new light. There is a flowering that happens that takes us into the realm of magic. Sure lots of books are being written about the process of self-actualization and all have something to contribute. The distinct difference between a book and training materials with activations is ENERGY, and that for some people means real progress is about to unfold.

An example of this is that one day a woman came to me to work on my Vibe Machine, which works with bio photonic light. I expressed that I had received a download from spirit and that I would energize her with the LifeSeed energy. After maybe 5 to 10 minutes I worked with her husband. She looked at me and said that I must be the happiest person on the planet. I asked her why and of course she replied: “this energy.” Of course what she did not realize was that although I am a happy person, *flowing the energy to her* gave me access to LifeSeed. I would like to make this available to you! Are you ready?

The number one reason why I love to do quantum healing in the Lifeseed is because it blesses the healer and the healed. I can't get enough of it and I believe that my nervous system is getting used to it so that I do not take in too much of it. You do not want to toast your circuits, your subtle body. When I first began my work I always slept very deeply each time I accessed the LifeSeed and usually the next day I was integrating with my physical body. Now I notice that my transitions are much smoother.

“What is occurring is a re-wiring and evolution into the New Human.”

Karen Bishop/Remembering Your Soul Purpose

“For until you are unburdened you will not reach the only temple that there is that matters to you, this temple is called freedom.”

Kristen Zambucka/Ano'Ano

*“Remember God so much that you are forgotten.
Let the caller and the called disappear. Be lost in the Call.”*

Rumi



An On Core

Who I AM

“ I Am”

You are Too That

All of the Energy, Intelligence and Love that ever was,

Is or will be is Now Here Now

We are the instruments of this essence,

I AM That I AM”

“I AM”

“We Are”

Through me/we it flows onward and upward forever and ever.

Illumined is my mind in Being and Becoming.

From this infinite source I attract, modulate,

Radiate electrically and magnetically

Light and Sound

Clear of Judgment I remain Free,

There is No victim consciousness in me,

Adios Duality.

The gift I receive of every day is no small thing,

To Thee I do give praise

This victory which now stands before me,

I humbly offer back to thee

I spiral forward towards the Sun

to greet the Alone,

The Absolute, the Perfect One.

Eternal Being is my root,

My living Love,

My walking Truth

By Life's Eternal Loving breast,

mine is the nectar and the bliss.

I roam the garden now undressed.

Everywhere I go, the Eternal Guest.

Realized I never did create

My Self

I got so Surrendered

Feeling as

I am so Blessed

Simply Being this

I AM That I AM

With You!

Brian Roberts 5/30/06

Inspired by the pattern on the trestleboard Paul Foster Case



I have enjoyed working with these ideas and wish to speak to you about all or any of them. There is a paradox in some instructions when we tell you to seek within and also participate in a formal training, have sessions, or meditate in groups. It is not because we lack any clarity of purpose. We want you to be one with the spirit, taught of the holy or one spirit. We come together to heal and return to our place in togetherness, to Be AS WE ARE, Together. Great courses such as A Course in Miracles and The Impersonal Life teach us of the TEACHER within and people who share these ideas empower one another to continue to travel the spiritual path, onward, forward and always ascending upward. So shoot for the moon because even if you miss, you will be out with the stars.

Rev Dr Brian T Roberts

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