

Bija Seeds ☀️ Mantra Meditation

Free Gifts of Light/Sound/Energy

A Heart Mantra for you

Thousands of years ago and before the written language was the repository for the richness of cultures, holy men, sages and wise men and women were always present within all groups people. We find similarities of traditions such as the Huna of Hawaii with tribes in Africa. People existing who had no contact with one another but who developed ideas, philosophy and names for things that were identical. The Sub-conscious mind and its discoveries generally attributed to Freud and Jung was understood and appreciated by the early Shaman's of many cultures.

The very rich traditions of India that gave birth to the beings like Buddha, Padmasambhava (who brought Buddhism from Tibet to India) and Shankara (founder of Vedanta) offer us insights into the nature of man as an evolving spiritual being, a diamond in the rough but still capable of unfolding the wonders and perfections of a Christ. Solving the riddle of the Sphinx like discovering the philosophers stone or finding the kingdom within is the last great mystery for man to solve. Science can put a man in space but can we discover the space within a man that resonates with the highest ideas, ideals, unity, divinity, Self and Source or God.

This was, is and will always be sole purpose of the Initiate who brings the Sacred Science of Nam, or the Word, or the Mantra to the ears of the disciple of truth, to push back the barriers to Self-knowledge and discover what was always already the case. God and Man are One. Bija Seeds are gifts from the Creator filled with Etheric energy to fuel ones own personal journey inward toward Light, Freedom, Creativity, Wisdom, the Sacred, the source or God. Bija is the Seed sound and energy that proceeds all form. Mantras are powerful vibrations that work at the Atomic level to assist human beings in the journey of Being and Becoming, of Awakening.

The Mantra, the OM or Amen is beyond religion and/or perhaps before it. The Seed resonates with your primordial self and aligns ones body/mind/ spirit with the cause of it's existence delivering empowerments of knowledge, sensitivity, virtue and proofs of our eternal connection with one another and with the Supreme Being, Supreme Intelligence, the Omni- potent, present Omniscient One, in a most rewarding, step by step unfolding and glorious fashion.

A more complete study of the meditation process can be found in section 2 pages 22 in the Life Seed Documents section one www.LifeSeedCodes.com

This GIFT although it is valued in Meditation centers for thousands of dollars is offered as a Free gift of love and Light at most Life Seed and Diamond Heart events. Receive a

gift that keeps on giving. Let your keen focus resonate a complete and wholesome path of fulfillment, satisfaction and wonder, Become more Heart Centered



When I am researching material from Bija Meditation masters there is never enough of the hard facts or the scientific explanations of what is happening when you enter the zone of mantra and meditation. And actually from my own experience things have happened to me in the silence, in the field of awareness that transcends words. If some one tells you that you are not your mind that's nice. But it does not mean anything. There is a wonderful book called the Impersonal life and in it the author makes a brilliant case that "You are Not who you think you are". If that is the case then, "who am I".

We are not going to tackle those big questions here but rather take you on a little journey about the history and utilization of Bija Seed mantras. The oral tradition of the ancient world was preserved in psalm, poems, story, myth, song and dance. Memorization was a key since reading is really only been necessary or have become a part of many cultures for the last 5 hundred or so years. The Master or the teacher radiated such a profound energy that there was never any questioning of the teaching or instructions. The eastern mind has simply developed in ways that the western person could not fathom. It would be perhaps the exact opposite of taking a Lap top into the Amazon and sharing this with the natives. I am sure many a native would simply say, who needs it, can't eat it.

But if one considers themselves to be an evolving being in an evolving universe then certainly we must take a look at what it is that we all about, what the world is all about and what are the resources both internal and external that are required to succeed in meeting our goals. Sound is a building block of creation. Nothing is neutral. Every thing vibrates. Westinghouse has proven that glass is not solid but is rather a slow moving liquid. Glass that sits around long enough will thicken at the bottom if laid out vertically.

Sound and vibration determine quality and character of matter. Sound and Vibration can affect the consciousness of an individual and allow for positive or negative expressions. Conquering the mind and its many many facets and functionalities has been the soul function and purpose behind the efforts of Yoga. There many great books are as rich as deep and mysterious as the bible. Concerning meditation Jesus said when you Pray, or meditate, go into the closet, close the door and speak to the Father in private. Also he said "when your eye is single you whole body will be full of light". Follow any way inside and let your flowering awareness discover the truths and realities within.

This Bija Seed is just one of many tools that lead to a greater discovery and understanding of the Self and it's relationship to the universe.